

Tampa Bay Couples Beach Retreat

Strengthen your relationship through understanding, exercise and mindful relaxation

Rediscover 🌸 Reconnect 🌸 Rebuild

OCTOBER 3RD - 5TH

Tradewinds Island Grand Resort
St Pete Beach, FL 33706

Is your relationship fulfilling and satisfying? Or, does your connection to your partner feel under pressure? With life's demands, the needs of your partnership can often take a backseat.

Take time to rediscover yourself and your partner. Reconnect to the passion and compassion that brings you together. Rebuild intimacy through trust, communication and connectedness.

Join **Monica Burton**, Licenced Marriage and Family Therapist and a team of exercise and meditation professionals for a holistic relationship retreat!

Engaging Workshops • Couples Bootcamp • Meditation & Energy Work

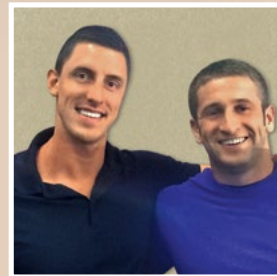
Package includes: Room, Breakfast and a Weekend Packed with Experiential Workshops - **the Bay Area's First!**



Monica Burton, LMFT
Helping couples reconnect since 2003



Dr. Mike Pagani
Healing with Eastern medicine & Energy work for 30 years



Zac and Mark
Putting the fun into fit as certified personal trainers

Sign up by September 6th for \$50 off your weekend retreat!

Contact Monica to Learn More!

retreats@monicaburtonlmft.com | 727.565.2551 | tampabaycouplesretreats.com